



We're lowering health care costs with
the help of some of America's best minds.

Like Alexander Graham Bell.

Improving our nation's health care system is going to take a whole range of solutions, from the highly complex to the seemingly—but not necessarily—obvious. Take the profoundly effective Congestive Heart Active Management Program (CHAMP®), which is built around the simple phone call. At a number of our California hospitals, CHAMP® is providing heart failure patients with a vital link to the medical world after they leave the hospital. Working with teams of cardiologists, pharmacists and dieticians, CHAMP® RNs make regular calls to patients to check on their weight, fluid intake and diet, as well as to monitor symptoms and modify medications. This program has greatly reduced relapses—lessening the likelihood that patients will be hospitalized again—and in turn reduced costs. All just by making some calls. At CHW, we're calling on all 53,000 of our employees to continue searching for answers—big and small—that will lead to a healthier country.

To learn more about CHW's efforts to
reform health care in CA, AZ, and NV, visit

www.chwHEALTH.org/reform